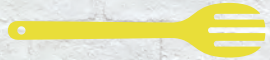


WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🌱 Cheesy tomato topped pizza served with nut-free pesto pasta	Pork Sausages Pork sausages served with mashed potato and tasty gravy	Roast Chicken Succulent roast chicken served with fluffy roasties and tasty gravy	Chicken and Vegetable Korma 🌱 A mild and tasty chicken and vegetable curry served with wholegrain rice	Fish Fingers Crispy fish fingers and scrummy chips
JACKET POTATO	Red Lentil Dhal 🌱 A mildly spiced lentil and coconut milk curry served with wholegrain rice	Vegetarian Bolognese 🌱 🌱 A tasty vegan mince and vegetable bolognese served with wholewheat pasta	Roasted Vegetable and Cranberry Slice 🌱 Tasty vegetables and cranberry sauce in a puff pastry casing served with fluffy roasties and tasty gravy	Tomato and Sweetcorn Pasta Bake 🌱 🌱 With a cheesy topping	Cheese and Sweetcorn Omelette 🌱 A yummy vegetarian omelette served with chips
JACKET POTATO	Jacket Potato 🌱 🌱 with a choice of hot and cold fillings	Jacket Potato 🌱 🌱 with a choice of hot and cold fillings	Jacket Potato 🌱 🌱 with a choice of hot and cold fillings	Jacket Potato 🌱 🌱 with a choice of hot and cold fillings	Jacket Potato 🌱 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta 🌱 🌱 🌱					
All main meals are served with two vegetables					
DESSERT	Chocolate Beet Brownie with Fruit Slices 🌱	Bread and Butter Pudding with Custard	Sicilian Lemon Cookie with Fruit Slices 🌱	Vanilla Ice Cream	Lemon Shortbread

THREE WEEK MENU

AUTUMN/WINTER 2024



Our new menu chosen by parents and children – Your favourites available every day

£2.97

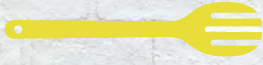


Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



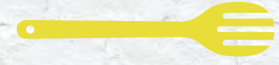
WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03



WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese Cheesy macaroni pasta	Classic Beef Burger A classic beef burger served with tomato ketchup and potato wedges	Roast Gammon Succulent roast gammon served with fluffy roasties and tasty gravy	BBQ Chicken Oven roasted chicken baked in a BBQ sauce served with rainbow rice	Fish Fingers Crispy fish fingers and scrummy chips
	Cheesy Bean Burrito A cheesy veggie mince and bean burrito	Quorn Burger A yummy vegetarian burger in a bun served with tomato ketchup and potato wedges	Roast Quorn A tasty vegetarian roast served with fluffy roasties and tasty gravy	Meatless Feast Cheesy Pizza Plant based meatballs on a cheesy pizza served with nut-free pesto pasta	Veggie Fingers Tasty vegetables in a breadcrumb coating served with scrummy chips
JACKET POTATO	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings including Salmon Mayonnaise	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Wibble Wobble Jelly	Honey Oat Cookie with Fruit Slices	Rice Pudding with Jam	Flapjack with Fruit Slices	Chocolate Ice Cream

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Vegetable Fajita A bean, tomato and vegetable fajita served with wholegrain rice	BBQ Meatball Pasta Bake Beef meatballs and pasta baked in a tomato and BBQ sauce topped with cheese	Roast Pork Succulent roast pork served with fluffy roasties and tasty gravy	Cottage Pie A tasty cottage pie served with tasty gravy	Fish Fingers Crispy fish fingers and scrummy chips
	Macaroni Cheese Cheesy macaroni pasta	Quorn Sausages Yummy Quorn sausages served with mashed potato and tasty gravy	Cheese & Onion Pastry Bake Cheese, onion and potato in a puff pastry case served with fluffy roasties and tasty gravy	Cheese and Tomato Pizza Cheesy tomato topped pizza slice served with nut-free pesto pasta	Quorn Dippers Crispy Quorn dippers and scrummy chips
JACKET POTATO	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Crunchy Chocolate Mousse	Apple and Cinnamon Sponge	Wibble Wobble Jelly	Orange Drizzle Cake	Chocolate Cookie with Fruit Slices

AVAILABLE EVERY DAY
 Milk, water, salad, freshly baked bread & fresh fruit
 Yoghurt available Tuesday & Thursday

AVAILABLE EVERY DAY
 Milk, water, salad, freshly baked bread & fresh fruit
 Yoghurt available Tuesday & Thursday

Vegetarian Oily Fish Wholegrain Fruity! Nutritionist's Choice